



DAY-BY-DAY
COURSE
DESCRIPTION

SYLLABUS



 LIVE & ONLINE TRAINING
www.globalnlptraining.com



GLOBAL NLP TRAINING

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The Society of NLP determines the content of approximately 80% of any school's NLP Practitioner Training and 40% of NLP Master Practitioner Training. This is why most schools opted for the NLP Master Practitioner to be a repeat of the NLP Practitioner content with more complicated exercises.

WE MADE A DIFFERENT CHOICE!

This is why many students and trainers opt to (re-)train with Global NLP Training.

FOR THIS REASON WE:

- Can offer a full immersion experience of 16 days.
- Offer a more in-depth skill set of NLP Practitioner
- Offer a new and unique skill set of NLP Master Practitioner tools.
- Teach NLP integrated with the science of positive psychology, emotional intelligence & personality type speed reading

Additionally, because we offer exclusive small group immersion experiences taught by world-class and very experienced teachers with an international reputation we can teach NLP in deeper & more far reaching ways. The content of our NLP Master Practitioner is taught nowhere else in this way.

In our NLP Master Practitioner Training, we teach our students to design their own techniques to work with any presenting problem or to combine with other modalities they have learned in other courses. This is not just limited to coaching modalities but also: psychotherapy, cognitive therapy, CBT, EMDR, meditation, mindfulness, personal training, weight management, sports, integrative & functional medicine, acupuncture, Feldenkrais, yoga, motivational speaking, training & education, change and conflict management.

NLP is also frequently combined with protocols for burn-out, anxiety and depression. The ability to design using NLP also allows our students to integrate NLP with any expertise they have. Think of topics like story-telling, social media, branding, marketing, leadership, communication, marketing, sales etc.



INFORMATION

Start time on the first day:
9 AM

End time on the last day
of NLP Master Practitioner:
3-6 PM

Lunch breaks are
75-90 minutes each day.

Classes generally start between 9 and 9.30 AM, and end between 5 and 6 PM. We organize a minimum of one optional group social event in the first week, and one in the second week.

COURSE CONTENT

NLP MASTER PRACTITIONER



CERTIFICATES:

1. NLP Master Practitioner
2. Life Coach
3. Social & Emotional Intelligence Coach

Entry requirement: NLP Practitioner.

DAY 1

- Class introduction
- Values - the unconscious foundation we stand on.
- Coaching with values, beliefs, and attitudes.
- Values as a requirement for happiness and well-being.
- Company, business and career values.
- Values elicitation - find out what someone's deeply unconscious values are.
- Coaching purpose & meaning.
- Using values to gain clarity and direction.
- NLP Modeling - find out what strategies a highly successful person uses in any context (business, sports, arts, personal, etc.)
- Group NLP modeling project
- How to create your own seminar teaching skills

DAY 2

- The life wheel of NLP Master Practitioner
- Grief Technique
- Shame / "I am not good enough" Technique
- Designing your own NLP techniques and patterns using the ingredients of NLP Practitioner.
- Group project creating a new NLP technique in any of the following:
 - 1) creating boundaries,
 - 2) forgiveness.
 - 3) speaking-up
 - 4) a common problem your group has.
- How to design your own NLP techniques, patterns & coaching sessions with other modalities you have mastered, or your specific niche or area of expertise.

DAY 3+4

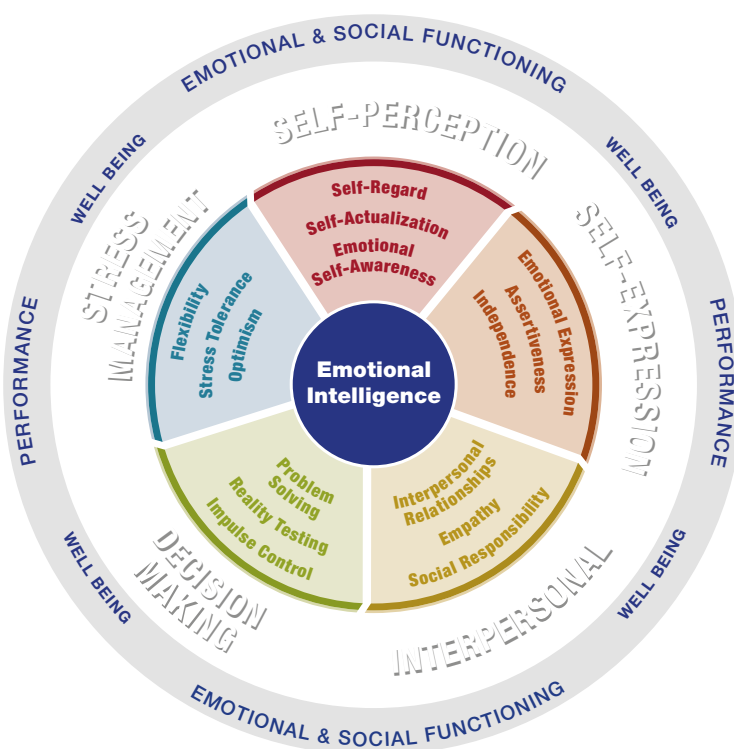
- Introduction to Timeline NLP Coaching
- How does someone code their past, present and future?
- Regret, self-forgiveness, guilt & limiting decisions technique - short and long version
- Anxiety Technique - short & long version.
- Negative Emotion Technique - short & long version.
- Technique to work with significant emotional events in the past.
- Goal setting on a timeline - finding out or solidifying what the necessary steps are and lighting up the brain at each milestone.

DAY 5

- Parts Integration - integrating deep inner conflicts.
- Core change work & transformation - pattern for larger presenting problems such as self-esteem issues, low self-regard, assertiveness, inability to say no, not setting boundaries, addiction, negative self-talk, limiting beliefs, feelings of inadequacy etc.
- Designing NLP Master Practitioner techniques and patterns to work with any presenting problem.
- Group design project which our most experienced trainer will execute - can be post-traumatic growth, a significant emotional event in the past, the impossible presenting problem the therapists couldn't help the client solve.

DAY 6

- Meta-programs - detect the coding preferences inside our brain that dictate our behavior, language, and motivation.
- Meta-programs - the NLP way of personality typing.
- MBTI personality typing and speed reading, integrated with NLP.
- Understanding introversion and extraversion.
- Understanding "feeling" and "thinking" based decisions.
- Understanding intuition and sensing.
- Understanding how we (don't want to) plan and organize our world.



DAY 7

(The favorite day of most students.)

- Learning Emotional Intelligence integrated with NLP through the “Amazing Race.”
 - This day is spent mostly outside the training venue engaging with locals & tourists.
 - Teams will compete against each other in a crazy scavenger hunt type challenge. Will the team with the most points win, or will it be those who were truly emotionally intelligent and used NLP?
 - **OPTIONAL EVENING EVENT**
- Understanding all 16 elements & 6 realms of emotional intelligence (EQ.)
 - EQ vs. IQ
 - Understand why the development of EQ is integral to happiness, success, effective leadership & effective coaching.
 - Learn how to develop EQ in yourself, others & teams.
 - Create EQ (self)-coaching tasks and interventions combined with NLP.
 - NLP integrated with EQ.



DAY 8

- Complete any unfinished course materials.
 - Execution of the Master Practitioner NLP design by our most senior trainer.
 - How to integrate NLP in your personal and professional life.
- Everything about starting or improving an NLP based coaching business.
 - Questions and answers.
 - The secret final project.

STAY IN TOUCH

We are available on WhatsApp:

 **+1 310 570 2891** (text message only)

We will get back to you within 24 hours on week days.

Our customers, customer care agents
& trainers are all over the world.

Contact us or schedule an appointment.

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www.globalnlptraining.com



Our Global NLP iPhone & Android app is available on our website and is free of charge.

United States

333 Washington Blvd. #475
Marina Del Rey, CA90292
(Administrative & Back-Office,
no visitors.)

The Netherlands

Sumatrakade 1169
1019RH Amsterdam
(Visitors by
appointment only.)